

## CURRICULUM

### Scientific production, skills, education

NICOLA LOVECCHIO

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#### Education

- Scientific Abilitation 2021-2023; level: full, code SC 11/D2; Didactics, special education, educational research. from 06 nov 2025 – 06 nov 2037
- Scientific Abilitation 2023-2025; level: full; code SC 06/N2; Sport and Physical Exercise, from 12 Nov 2024 – 12 Nov 2036
- Scientific Abilitation 2021-2023; level: Associate, code SC 11/D2; Didactics, special education, educational research. from 13 dic 2023 – 13 dic 2034
- Scientific Abilitation 2018-2020; level: Associate; code: SC 06/N2; Sport and Physical Exercise, from 10 Gen 2020 till 10 Gen 2029
- PhD in Morphological Science, University of Milan, Jan 2006
- MS in Sport Science, University of Milan, July 2001: 110/110
- BsC in Physical education, University of Milan, March 1999: 110/110 cum laude

#### Academic Position

- Associate Professor; code GSD 06/MEDF-01 – Science of exercise and sport, sub code: SSD MEDF-01/B – methods and didactics of sport activity; from 01/10/2024

#### Teaching

- Specialization for special education (mod. Sport and Physical Education): 2021-22; 22-23;23-24
- Technical and didactics of individual sport. Sport Science degree; University of Bergamo; 2021-22; 22-23; 23-24; 24-25; 25-26
- Motor and sport activity. Science in primary education. University of Bergamo; 2021-22; 22-23; 23-24; 24-25;25-26
- Planning in Sport and Physical Education. Master Science in Sport Science. University of Bergamo; 2023-24; 24-25; 25-26
- Functional evaluation and training methodology. Sport Science degree; University of Bergamo; 24-25; 25-26
- Method and didactic in individual and team sport. Master Science in Sport Science. University of Bergamo; 24-25; 25-26

#### Post degree teaching for educational

- Physical education. Traineeship for high school. University of Bergamo. 2025-26; direction
- Physical education. Traineeship for high school. University of Bergamo. 2024-25; 42 hours

- Physical education. Traineeship for high school Incarico. University of Bergamo. 2023-24; 30 hours
- Physical education. Traineeship for middle and high school. University of Milan. 2015; 36 hours
- Morphological Sciences. Traineeship for high school, University of Milan; 2014; 7,5 ore
- Morphological Sciences. Special Traineeship for high school (DM 85/2005), University of Milan, 2007; 6 ore

### **Post degree teaching for PhD course or Master**

- Professor "Physical activity for elderly", I level Master " Assessments and Exercise Protocols Adapted to People Living with Pathologies "; University of Pavia, anno 2025;
- Scientific coordinator and professor of "Adapted Physical Education and inclusion for students with disabilities" Post graduate course, University of Pavia, 2023
- Scientific coordinator and professor "Physical Education at School" I Level Master; University of Pavia, anno 2022-2023
- Professor "Human movements analysis & motor control: from rural draft to 3d reconstruction; I level Master RehabTech - Master Technologies for innovation in rehabilitative medicine and for assistance; Politecnico di Milano; 2020
- Visiting Professor - University School of Physical Education – Faculty of Sport Science (Wroclaw); Lecturer and workshop leader for PhD student; Wroclaw (PL): 27-28 Nov 2017
- 3D analysis of human movement in sport context; PhD course "Integrated Biomedical Research", 2016-17; University of Milano,

### **Scientific Collaboration**

#### ***Editorial Board***

- Board of Bulletin of Faculty of Physical Therapy; spring Nature
- Associate editor for Sport Psychology – sec. Frontiers in Psychology
- Associate editor for Sport Psychology – sec. Frontiers in Sport and Active Living
- Associate Editor Frontiers-Quantitative Psychology and Measurement
- Editorial Director "E.F. la rivista di Educazione Fisica, Scienze Motorie e Sport"; ISSN: 2282-6084; professional magazine;
- Review Editor for Frontiers in Psychology - Movement Science and Sport Psychology,
- Review Editor for Frontiers in Psychology
- Review Editor for Frontiers in Bioengineering and Biotechnology,
- Editorial Board Member: "Advance in Physical Education",
  - Editorial Board Members: "Journal of Physical Health and Sports Medicine"

## Scientific paper (selection)

**2025**

COMPARISON OF PARENTAL SUPPORT FOR PHYSICAL ACTIVITY IN CHILDREN AGED 8 TO 10 YEARS IN ITALY, FINLAND AND CHINA

J Teaching in Physical Education, I.F. 1.8

A MANUSCRIPT TITLED BASIC MOTOR COMPETENCIES IN ITALIAN SCHOOLCHILDREN USING THE MOBAK-TEST: NORMATIVE DATA FOR A NOVEL FRAMEWORK

European Journal Sport Science, I.F. 2.9

VALIDATION OF THE ITALIAN TRANSLATION AND CULTURAL ADAPTATION OF THE CANADIAN ASSESSMENT OF PHYSICAL LITERACY-2 (CAPL-2) QUESTIONNAIRE FOR CHILDREN.

Children I.F. 2.1

STATURE IS THE KEY: A SYSTEMATIC REVIEW AND META-ANALYSIS ON THE ROLE OF BODY MASS AND STATURE IN PHYSICAL FITNESS THROUGH ALLOMETRIC MODELING

Journal of Science and Medicine in Sport; I.F. 3.4

A CROSS-SECTIONAL STUDY ON THE RELATIONSHIP BETWEEN COGNITION AND BIOMOTOR ABILITIES IN BASKETBALL ATHLETES WITH INTELLECTUAL IMPAIRMENTS: FOOD OF THOUGHT FOR THE CLASSIFICATION SYSTEM PROCESS

Frontiers in Sports and Active Living, 7:1601355; I.F. 2.6

ASSESSING CHANGE OF DIRECTION AND EXPLOSIVE STRENGTH IN CHILDREN: INSIGHTS FROM AN ALLOMETRIC APPROACH IN MEDITERRANEAN YOUTH

Perceptual and Motor skill, 149 (3): 1-18; 2025; I.F. 1.4

FUNDAMENTAL MOVEMENT SKILLS IN GRASSROOTS SOCCER: A COMPARATIVE STUDY OF COACHES' PERCEPTIONS AND PRACTICES IN 9 EUROPEAN COUNTRIES

Journal of Sports Science & Coaching, 20 (5): 1814-1827; 2025; I.F. 1.5

STRENGTH IN DECLINE? BMI-PHV-ADJUSTED SECULAR TRENDS IN STRENGTH PERFORMANCE IN ITALIAN SCHOOLCHILDREN

Journal of Strength and Conditioning Research, 39 (5): 1-7; 2025; I.F. 2.5

INFLUENCE OF CONTRAST COMPRESSION THERAPY AND WATER IMMERSION CONTRAST THERAPY ON BIOMECHANICAL PARAMETERS OF THE FOREARM MUSCLES IN MARTIAL ARTS ATHLETES

Frontiers in Physiology, 16:1494762; I.F. 3.2

**“WHO’S GOT TALENT?” CHANGE OF DIRECTION, ANTHROPOMETRIC CHARACTERISTICS AND MATURITY OFFSET DIFFERENCES BETWEEN ELITE AND SUB-ELITE YOUNG SOCCER PLAYER**

Research Quarterly for Exercise and Sport; 96 (2):273-278; 2025; I.F. 1.4, 201

**Monographs**

- ALLENARE CON METODO – Percorsi e strumenti per formare nello sport  
Nicola Lovecchio  
Marcianum Press, Venezia 2025
- IL GIOCO DELL’ALLENAMENTO - Verso una modalità ludica dell’allenamento  
Nicola Lovecchio  
Marcianum Press, Venezia 2023
- APPRENDERE GIOCANDO  
Nicola Lovecchio  
Carabà srl, Pozzo D’Adda (Mi) 2021.
- GINNASTICA DA OVER. COME E PERCHÉ PRATICARE ATTIVITÀ MOTORIA NELLA TERZA ETA’  
Nicola Lovecchio, Elisa Ducoli, Alberto Pellai.  
Edizioni San Paolo, Milano 2009  
Trad. in Polish  
Trad. in Brazilian
- GIOCO E...È APPRENDIMENTO’  
Nicola Lovecchio  
Carabà srl, Milano 2001.

**Organising Committee member**

- Sport Tutor: new position for a educational sport. Catholic University of Sacred Heart, Federation of Social Enterprise; 2007/08
- 3° International symposium on Traditional Karate, Budo Arts and Combat sports. University of Milan, 2005
- 2° International symposium on Traditional Karate, Budo Arts and Combat sports.” University of Milan, 2002

**Scientific Committee member**

- ATEE Spring Conference 2024 - Teacher education research in Europe: trends, challenges, practices and perspectives. Bergamo, 2024
- “Accademy of distinction” – Buiding an Ethic of Excellence in Education. A new tool for high school. Sport sciences section. 2021
- The architecture of the prison. From detention space to place of relationship ACTS – A Chance Through Sport; Politecnico di Milano – Penitentiary of Milano-Bollate. 2019-2021;
- European scientific committee “Fundación de Investigación en Ciencias de la Actividad Física y del Deporte”; 2020; 2021

- Reviewer of 8° Premio Madella, Scuola dello Sport, 2017
- Project manager of CONI ragazzi “Diventa il tuo Atleta preferito” – “Sport di classe” - Note MIUR n. 5634-16/09/2015; CONI n. 8443 - 22/09/2015; Prot MIUR n. 16552 -4/12/2015

12.12.25

Nicola Lovecchio