



## Piergiorgio Mandarano

Data di nascita: 25/07/1994 | Luogo di nascita: Treviglio, Italia | Nazionalità: Italiana | Indirizzo e-mail: [pier.mandarano@asst-melegnano-martesana.it](mailto:pier.mandarano@asst-melegnano-martesana.it)

### Esperienza lavorativa

**Child and Adolescent Psychiatrist** 01/2025 – Attuale  
ASST Melegnano–Martesana | Cernusco sul Naviglio, Italia

**Adjunct Professor** 2025 – Attuale  
University of Bergamo | Bergamo, Italia

Currently holding the course within the Education Sciences degree. Designing and delivering lectures on child development, auxology, and preventive medicine, specifically tailored to future educators. Managing curriculum planning, didactic materials, and student assessments, ensuring the acquisition of key medical–pedagogical competencies.

**Adjunct Professor** 2025 – Attuale  
University of Parma | Parma, Italia

Delivering lectures focused on Adolescent Psychopathology within the Child Neuropsychiatry course of different degrees in support of the chair's didactic framework.

**After-Hours Medical Service** 12/2024 – 12/2025  
ASST Crema | Castelleone, Italia

**Pediatric Neurology and Psychiatry Acute Care and follow-up – Speciality Training Year 4** 11/2024 – 11/2025

ASST Papa Giovanni XXIII | Bergamo, Italia

Neuropsychiatric consultations in pediatric departments, neonatal pathology, and emergency care.

**Neurodevelopmental Service (UONPIA) – Speciality Training Year 3** 11/2023 – 11/2024

Fondazione IRCCS San Gerardo dei Tintori | Brugherio, Italia

Diagnosis and treatment of neuropsychiatric disorders, collaboration across multidisciplinary teams, and participation in regional projects.

**Pediatric Neurology and Psychiatry Acute Care and Follow-up – Specialty Training Year 2B** 04/2023 – 11/2023

ASST Papa Giovanni XXIII | Bergamo, Italia

Consultations in pediatric departments, neonatal pathology, and emergency care.

### Competenze linguistiche

• **italiano:** Lingua madre

• **inglese**

- Ascolto: C2
- Lettura: C2
- Produzione orale: C1
- Interazione orale: C1
- Scrittura: C1

• **francese**

- Ascolto: A2
- Lettura: B1
- Produzione orale: A1
- Interazione orale: A1
- Scrittura: A2

**Adolescent Psychiatric Inpatient Acute Care Ward – Specialty Training Year 1 & 2A** 11/2021 – 05/2023

Fondazione IRCCS San Gerardo dei Tintori | Monza, Italia

Clinical interviews, emergency interventions, and collaboration with a multidisciplinary team.

**Primary Care Special Forces / Vaccine Specialist / Deputy General Practitioner** 07/2021 – 10/2023

ATS Bergamo | Italia

**Intern / Data Analyst** 01/2018 – 07/2021

Fondazione Don Gnocchi | Parma, Italia

Clinical management of health prevention, research in the field of the autonomic nervous system, biometric analysis.

 **Onorificenze e riconoscimenti**

**EFPT Porto Research Award 2024** 01/07/2024

European Federation of Psychiatric Trainees

In recognition of the best research protocol in Child & Adolescent Psychiatry. Awarded for the study **Target Profiles for Suicidality Prevention Based on Role-Playing: A School-Based Randomised Controlled Trial Protocol**, acknowledging its methodological rigor and potential clinical impact.

<https://efpt.eu/awards/porto-research-award/awardees/>

**Honorary Student Membership** 01/11/2019

Academy of Medical Educators

 **Istruzione e formazione**

**Speciality Training in Pediatric Neurology, Child and Adolescent Psychiatry and Psychotherapy** 11/2021 – 11/2025

University of Brescia | Monza, Italia

Livello EQF: 8

**Doctor of Medicine & Master of Surgery (MD, MCh)** 10/2014 – 07/2021

University of Parma | Parma, Italia

Livello EQF: 7

**Medical Statistics (attendace)** 2020

The Open University

**Bachelor of Science in Biotechnology (attendace)** 2013 – 2014

University of Milan | Milano, Italia

Livello EQF: 6

## High School Diploma in Classics and Classical Languages, Literatures, and Linguistics

2008 – 2013

Liceo Classico Statale "Simone Weil"

Livello EQF: 4

### **Pubblicazioni**

#### **Target profiles for suicidality prevention with role-playing interventions in adolescence: a call-to-action protocol**

2024

P Mandarano European Child and Adolescent Psychiatry, ESCAP Communication

[10.1007/s00787-024-02630-4](https://doi.org/10.1007/s00787-024-02630-4)

#### **Reduced Inter-variability of Psychopathological Traits within Families of Adolescents with Anorexia Nervosa**

2024

A Riva, P Mandarano, E Brasola, F Bizzi, R Nacinovich Mediterranean Journal of Clinical Psychology 12 (1)

[doi.org/10.13129/2282-1619/mjcp-3993](https://doi.org/10.13129/2282-1619/mjcp-3993)

#### **Heart rate fractality disruption as a footprint of subthreshold depressive symptoms in a healthy population**

2022

P Mandarano, P Ossola, P Castiglioni, A Faini, P Marazzi, M Carsillo, ... Clinical Neuropsychiatry 19 (3), 163

[doi.org/10.36131/cnfioritieditore20220305](https://doi.org/10.36131/cnfioritieditore20220305)

#### **Proposing a Novel Term: 'Preter-intentional Suicide'**

2023

C Panarella, P Mandarano The Journal of Forensic Psychiatry & Psychology 34 (5-6), 560-561

[doi.org/10.1080/14789949.2023.2250118](https://doi.org/10.1080/14789949.2023.2250118)

#### **Perspective about Artificial Intelligence-Human Collaboration in Creative Decision-Making**

2023

P Mandarano OSF Preprints

[doi.org/10.31219/osf.io/pz26n](https://doi.org/10.31219/osf.io/pz26n)

#### **Cultivating a Global Child and Adolescent Psychiatry Research Workforce: Insights from the 17th International**

## **Training Research Seminar in Child and Adolescent Psychiatry**

Moa Jederström, Yoon Jae Cho, Pranav Jayaraman, Piergiorgio Mandarano, Ashley McCray, Ayşegül Tuğba Hıra Selen, Mai Tuyet Do (2025) | 2025/3/19, 1-3 | Academic Psychiatry | Springer International Publishing

[doi.org/10.1007/s40596-025-02124-8](https://doi.org/10.1007/s40596-025-02124-8)

## **Do «Tears Come from the Heart» [L. Da Vinci]? | Conference poster**

2022

SR Piergiorgio Mandarano, Paolo Ossola, Paolo Castiglioni, Andrea Faini ... EAPM 2022

[10.13140/RG.2.2.17768.14084](https://doi.org/10.13140/RG.2.2.17768.14084)

## **Second line volunteering in Lombardy COVID-19 emergency as a perspective on medical education and psychological distress**

2021

P Mandarano, V Squatrito, A Mariotti, G Presti Clinical Neuropsychiatry 18 (5), 278

[doi.org/10.36131/cnfioritieditore20210506](https://doi.org/10.36131/cnfioritieditore20210506)

## **Dante Alighieri (1265–1321): an “infernal” endocrinological observation**

2022

P Mandarano, G Masciangelo, E Armocida Hormones, 1-3

[doi.org/10.1007/s42000-021-00336-9](https://doi.org/10.1007/s42000-021-00336-9)

## **Risk factors associated with mortality among patients with COVID-19 in intensive care units in Lombardy, Italy**

2020

This study found that most critically ill patients with coronavirus disease 2019 in the intensive care unit required invasive mechanical ventilation, and mortality rate and absolute mortality rate were high.

G Grasselli, M Greco, A Zanella, G Albano, M Antonelli, G Bellani, ... JAMA internal medicine 180 (10), 1345–1355

[10.1001/jamainternmed.2020.3539](https://doi.org/10.1001/jamainternmed.2020.3539)

## **Progetti**

### **Target profiles for suicidality prevention with role-playing interventions in adolescence**

Attuale

## Conferenze/seminari

**Conference of the European  
Association of Psychosomatic  
Medicine**

08/06/2022 - 11/06/2022

Vienna, Austria

**17th International Research Training  
Seminar in Child & Adolescent  
Psychiatry**

03/03/2024 - 08/03/2024

Rome, Italy

**32nd European Federation of Psychiatric Trainees  
(EFPT) Forum**

01/07/2024

Riga, Latvia

## Volontariato

**Scout leader - WOSM**

Attuale

Treviglio